

Counselling & Therapy Services in Medicine Hat - Adults, Couples and Families

Updated September 18, 2023

Adults/Individuals

Alberta Health Services Community Mental Health 403-529-3500

Allison Helm, Minscape Psychology: 403-952-7653

Amanda Murn, Solution Focused Psychology: 403-504-9777

Ana Schlosser, Medicine Hat Counselling: 403-527-5911

Andrus & Associates: 403-487-5222

Ben Coxson, Keys to Hope Counselling: 403-487-1607

Bonnie Rude-Weisman: 403-526-8116

Brian Dosenberger Counselling: 403-580-6473

Carla Thorogood, Art Therapist, Infusion Counselling: 403-952-5054

Chantille Groves Counselling & Consulting: 403-866-3599

Chris Shorrocks, Keys to Hope Counselling: 403-487-1607

Christopher Onslow Counselling Outreach Services: 403-977-0323

Deena West, Keys To Hope Counselling: 403-487-1607

Dr Gail Eastman, A Better Life Consulting & Counselling: 403-527- 3936

Dr. Angela Irvine Consulting: 403-712-0131

Erika Miller Psychological Services Inc.: 403-581-6307

Holly Turnbull, Holsom Wellness: 403-847-0505, connect@holsom.ca

James Lieske, Healing Connections: 403-878-9747

Jan Crammer, Bridging Connections: 403-527-6336

Jenna Ibach Counselling: 403-504-6690, jenna@farahkurji.com

Jeremy Alcorn, JC Counselling: 403-977-1514

Kim Friesen Counselling Psychology: 403-952-6192

Kim Mendenhall, Keys to Hope Counselling: 403-487-1607

Kristyn Georget Counselling: 403-527-5911

Kyle Graham, Keys To Hope Counselling: 403-487-1607

Leah Fischer, Fischer Humanities: 403-527-5911

Leanne Stehr, Next Us Psychology: 403-580-0332

Linda Krochak Counselling and Educational Psychology: 403-502-0014

Liz Burritt, Mindscape Psychology: 587-412-2986

Local doctor's offices have Behavioral Consultants for free brief short term therapy through the PCN Network www.palliserpcn.ca/clinics

Marie Wanty, In Balance Counselling: 587-507-8512

Medicine Hat College Mental Health & Counselling Centre: 403-529-3819

Medicine Hat Family Services: 403-504-8026
Medicine Hat Women's Shelter Society: 403-529-1091
Melisha Franks, Keys To Hope Counselling: 403-487-1607
Minota Kennell, Keys to Hope Counselling: 403-487-1607
Nadine Braun Psychology Inc.: 403-581-9416
Nadine LePage Counselling: 403-594-2112 (services in French as well)
Nicole Dodd, Keys to Hope Counselling: 403-487-1607
Peggy Davis, Southeastern Family Counselling: 403-527-2114
Rhonda Hern Hayward, Solution Focused Psychology: 403-504-9777
Rod Dorn, Birch Bay Counselling: 403-878-2327 (Redcliff)
Russ Webb, Insight Counselling Services: 403-529-7255
Samantha Stewart, Keys to Hope Counselling: 403-487-1607
Sanare Centre: 403-548-2717
Sonita Goehring Counselling: 403-487-1603
Stacey Steele Counselling: stacey@steelecounselling.com
Sandy Stevens, Stevens Consulting: 403-529-0800
Tobi Ceh, Mindscape Psychology: 403-977-3545
Travis Funk, Keys to Hope Counselling: 403-487-1607
Trenton Akers, Open Akers: 403-458-4405
Wellness Together Canada offers free counseling to EVERY
Canadian 24 hours a day: <https://ca.portal.gs>

Couples Counselling

Andrus & Associates: 403-487-5222
Brian Dosenberger Counselling: 403-580-6473
Chantille Groves Counselling & Consulting: 403-866-3599
Dr Gail Eastman, A Better Life Consulting & Counselling: 403-527-3936
James Lieske, Healing Connections: 403-878-9747
Jan Crammer, Bridging Connections: 403-527-6336
Jenna Ibach Counselling: 403-504-6690, jenna@farahkurji.com
Jeremy Alcorn, JC Counselling: 403-977-1514
Kyle Graham, Keys To Hope Counselling: 403-487-1607
Leanne Stehr, Next Us Psychology: 403-580-0332
Medicine Hat Family Services: 403-504-8026
Melisha Franks, Keys To Hope Counselling: 403-487-1607
Nadine Braun Psychology Inc.: 403-581-9416
Peggy Davis, Southeastern Family Counselling: 403-527-2114

Rhonda Hern Hayward, Solution Focused Psychology: 403-504-9777
Russ Webb, Insight Counselling Services: 403-529-7255

Family Counselling

Andrus & Associates: 403-487-5222
Carolina Hall at Creative Minds Consulting Inc.: 403-957- 2992
Chantille Groves Counselling & Consulting: 403-866-3599
Christopher Onslow Counselling Outreach Services: 403-977-0323
James Lieske, Healing Connections: 403-878-9747
Jan Crammer, Bridging Connections: 403-527-6336
Jeremy Alcorn, JC Counselling: 403-977-1514
Keys To Hope Counselling: 403-487-1607
Kim Mendenhall, Keys to Hope Counselling: 403-487-1607
Leah Fischer, Fischer Humanities: 403-527-5911
Marylou Godard, Next Us Psychology: 403-878-2858
Medicine Hat Family Services: 403-504-8026
Nicole Dodd, Keys to Hope Counselling: 403-487-1607
Peggy Davis, Southeastern Family Counselling: 403-527-2114
Rhonda Hern Hayward, Solution Focused Psychology: 403-504-9777
Sonita Goehring Counselling: 403-487-1603
Vanessa Steeves, Steeves Counselling Psychology: 587-209-4837

Faith Based

Church counselling programs
James Lieske, Healing Connections: 403-878-9747
Jeremy Alcorn, JC Counselling: 403-977-1514

Addictions

AA/NA Group meetings
Alberta Health Services Community Detox: 403-529-9021
Alberta Health Services Community Mental Health and Addictions: 403-529-3500
Counselling Outreach Services-Christopher Onslow: 403-977-0323
Russ Webb, Insight Counselling Services: 403-529-7255
Sandy Stevens, Stevens Consulting: 403-529-0800