

First Link[®] Connection

Medicine Hat In-Person

Whether you are living with dementia or supporting someone who is, attending a First Link[®] Connection will provide you with early access to resources, support, and services. It is about helping you and your family make informed choices so you can live better with dementia at every stage of the disease.

When you come to a First Link[®] Connection you will join other families who are on their journey with dementia in a small group setting. A caring Alzheimer Society staff will guide you through:

- Adjusting to and managing the daily challenges of living with dementia
- The Alzheimer Society's education and support services
- Resources and supports available within the community
- Planning for the future

ATTENDEES MUST COMPLETE A SIGN-UP SHEET EVEN IF ATTENDING THE IN-PERSON SESSION WITH OTHERS; THIS ENSURES WE HAVE ACCURATE CLIENT INFORMATION WHICH WILL HELP US PROVIDE ONGOING INFORMATION AND SUPPORT

First Link[®] Connection sessions run for approximately 2 hours.

Please see the attached flyer for upcoming dates.

Registration is required for these sessions.

To register, please email the completed registration form to reception@alzheimer.ab.ca

or call 1-866-950-5465

First Link® Connection

January – June 2026

Medicine Hat In-Person

Sessions for Persons Living with Dementia and Care Partners

These sessions are for people living with early stage dementia and care partners to attend together

<u>January 2026</u> Tuesday, January 20, 1:00-3:00 pm	<u>February 2026</u> Tuesday, February 17, 1:00-3:00 pm
<u>March 2026</u> Tuesday, March 17, 1:00-3:00 pm	<u>April 2026</u> Tuesday, April 21, 1:00-3:00 pm
<u>May 2026</u> Tuesday May 19, 1:00-3:00 pm	<u>June 2026</u> Tuesday, June 16, 1:00-3:00 pm

Sessions will be held at:

The Veiner Centre
225 Woodman Avenue SE
Medicine Hat, AB T1A 3H2

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