

Program Eligibility



Our Home Cleaning and Meals on Wheels services are available to individuals of all ages who may need a little extra support with daily living.

Income based subsidies are available for both program, subsidy eligibility for Meals on Wheels begins at age 60 and Home Cleaning subsidy eligibility begins at age 65.



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403-362-4549



Brooks-Newell Meals on Wheels and Home cleaning

It's easy to sign up!

Contact us to get started or
learn about eligibility and rates!

Support for Living Well at Home

***Supporting
independence,
dignity, and well-being
in our community.***

Nutritious Meal Delivery

Meals on Wheels are delivered Monday - Friday between 11 AM - 12:30 PM to individuals living in Brooks.

Individuals can choose Meal Delivery 5 days a week, or opt to receive meals only on select days of the week.

For individuals residing outside of Brooks but in the County of Newell frozen meals can be delivered weekly.



How to sign up

Getting started is easy

1. Call 403-362-4549 and speak with our team about your needs.
2. Complete a short intake and assessment, this can be done over the phone and will take no longer than 10 minutes.
3. If you would like to apply for subsidy you will need to provide a copy of your most recent tax return Notice of Assessment to determine eligibility.

Once you have completed your intake on services can begin immediately, for those requesting frozen meals there is a 1 week wait before services can begin.

Home Cleaning and Meals on Wheels invoices are sent out monthly. Payment can be remitted by cash, cheque, e-transfer, debit or credit card payment.

We are happy to assist individuals, caregivers, or family members in signing up to start services.



Home Cleaning Support

This program provides **light housekeeping** services to help maintain a clean, safe, and comfortable home.

Services may include:

- Vacuuming and sweeping
- Dusting and surface cleaning
- Bathroom and kitchen cleaning
- Light household tasks

FCSS has cleaners we can refer you to, or if you prefer we can work with the cleaner of your choice!