

JULY

Monday	Tuesday	Wednesday	Thursday	Friday
<p>To join by phone, call: 1-855-703-8985 when prompted, enter Meeting ID: 225-573-6467#</p>				<p>1 CANADA DAY NO PROGRAMS</p>
<p>4 11am: Program Preview</p>	<p>5 11am: Relaxation</p>	<p>6 11am: Coffee Chat</p>	<p>7 11am: Canadian Jeopardy</p>	<p>8 12:30pm: Canadian Connections</p>
<p>11 9:30am: Check This out 11am: Exercise 1pm: Pet Tales 3pm: 20th Century Humourist</p>	<p>12 11am: Relaxation 1pm: Cultural Exchange 3pm: Readers' Corner 4:30pm: Just A Minute</p>	<p>13 9:30am: True Crime 11am: Who Why When 1pm: Let's Talk About.. 3pm: Exercise</p>	<p>14 NO MORNING PROGRAMS 1pm: Animal Spotlight 3pm: Around the Campfire</p>	<p>15 9:30am: Classical Music Hour 11am: Exercise 1pm: Comedy Hour 3pm: Brain Games</p>
<p>18 9:30am: Check This Out 11am: Exercise 1pm: Another Point of View 3pm: Heritage Moment</p>	<p>19 11am: Imagination Circle 1pm: Jazz Music 3pm: UN History 4:30pm: Trivia</p>	<p>20 9:30am: TED Talk 11am: Such Fascinating People 1pm: TV Favourites 3pm: Exercise</p>	<p>21 9:30am: Gratitude 11am: The Storyteller 1pm: Garden Talk 3pm: Lung Health</p>	<p>22 9:30am: One Hit Wonders 11am: Coffee Chat 1pm: Alberta Parks 3pm: Where in the World?</p>
<p>25 9:30am: Check This Out 11am: Exercise 1pm: Christmas in July 3pm: Cats vs Dogs</p>	<p>26 11am: Relaxation 1pm: Who When Why 3pm: Nutrition for Health 4:30pm: Word Challenge</p>	<p>27 9:30am: True Crime 11am: Did You Know? 1pm: Coffee Chat 3pm: Exercise</p>	<p>28 9:30am: Gratitude 11am: Rock and Roll Hall of Fame 1pm: Read Aloud Short Story 3pm: In the Headlines</p>	<p>29 9:30am: All Request Music 11am: Exercise 1pm: Queen Elizabeth II 3pm: BINGO</p>

AUGUST

	Monday	Tuesday	Wednesday	Thursday	Friday
1	HERITAGE DAY NO PROGRAMS 	2 11am: Imagination Circle 1pm: Cultural Exchange 3pm: 20th Century Humourist 4:30pm: Name That Tune	3 9:30am: TED Talk 11am: The Schindler of Nanking 1pm: Ethical Wills 3pm: Exercise	4 9:30am: Gratitude 11am: Coffee Chat 1pm: Managing Mental Health and COVID 3pm: Around the Campfire	5 9:30am: Classical Music Hour 11am: Read Aloud Short Story 1pm: Russian History 3pm: Family Feud
8	9:30am: Check This Out 11am: Exercise 1pm: Who When Why 3pm: Chronic Pain	9 11am: Relaxation 1pm: Animal Spotlight 3pm: Readers' Corner 4:30pm: Trivia	10 9:30am: True Crime 11am: Canadian Icons: Anne Murray 1pm: Ethical Wills 3pm: Exercise	11 9:30am: Gratitude 11am: Musical Theatre 1pm: Managing Mental Health and COVID 3pm: Alberta Parks	12 9:30am: All Request Music 11am: Exercise 1pm: Russian History 3pm: Where in the World?
15	9:30am: Check This Out 11am: Exercise 1pm: India's Independence 3pm: Chronic Pain	16 11am: Relaxation 1pm: The King of Rock & Roll 3pm: SCWW Advisory Group 4:30pm: Just A Minute	17 9:30am: TED Talk 11am: Let's Talk About.. 1pm: Ethical Wills 3pm: Exercise	18 9:30am: Gratitude 11am: The Storyteller 1pm: Managing Mental Health and COVID 3pm: Staff of the Month	19 9:30am: Name That Elvis Song 11am: Coffee Chat 1pm: Russian History 3pm: Brain Games
22	9:30am: Check This Out 11am: Exercise 1pm: Another Point of View 3pm: Armchair Travels	23 11am: Relaxation 1pm: Comedy Hour 3pm: UN History 4:30pm: Jeopardy	24 9:30am: True Crime 11am: Did You Know? 1pm: Ethical Wills 3pm: Exercise	25 9:30am: Gratitude 11am: Such Fascinating People 1pm: Who When Why? 3pm: In the Headlines	26 9:30am: Hymn Concert 11am: Exercise 1pm: Russian History 3pm: BINGO
29	9:30am: Check This Out 11am: Exercise 1pm: Summer Desserts 3pm: Cats vs Dogs	30 11am: Imagination Circle 1pm: Garden Talk 3pm: Heritage Moment 4:30pm: Word Challenge	31 9:30am: TED Talk 11am: The Phantom of the Opera 1pm: Ethical Wills 3pm: Exercise	<p>To join by phone, call: 1-855-703-8985</p> <p>when prompted,</p> <p>enter Meeting ID: 225-573-6467#</p>	

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>To join by phone, call: 1-855-703-8985 when prompted, enter Meeting ID: 225-573-6467#</p>			<p>1 9:30am: Gratitude 11am: Such Fascinating People 1pm: Let's Talk About... 3pm: Around the Campfire</p>	<p>2 9:30am: Classical Music Hour 11am: Participant of the Month 1pm: Russian History 3pm: Trivia</p>
<p>5 LABOUR DAY NO PROGRAMS</p>	<p>6 11am: Relaxation 1pm: Cultural Exchange 3pm: Readers' Corner 4:30pm: Name That Tune</p>	<p>7 9:30am: True Crime 11am: Personal Safety with EPS 1pm: Ethical Wills 3pm: Exercise</p>	<p>8 NO MORNING PROGRAMS 1pm: Coffee Chat 3pm: Animal Spotlight</p>	<p>9 9:30am: All Request Music 11am: Exercise 1pm: Russian History 3pm: Where in the World?</p>
<p>12 9:30am: Check This Out 11am: Exercise 1pm: Super Sleuths 3pm: Foot Care</p>	<p>13 11am: Imagination Circle 1pm: Another Point of View 3pm: UN History 4:30pm: Just A Minute</p>	<p>14 9:30am: TED Talk 11am: Home Safety with EPS 1pm: Ethical Wills 3pm: Exercise</p>	<p>15 9:30am: Gratitude 11am: The Storyteller 1pm: Who When Why 3pm: Working Through Grief</p>	<p>16 9:30am: Musician Bio 11am: Deep Dive TV 1pm: Russian History 3pm: Jeopardy</p>
<p>19 9:30am: Check This Out 11am: Exercise 1pm: Writing for Fun 3pm: Cats vs Dogs</p>	<p>20 11am: Relaxation 1pm: Garden Talk 3pm: Nutrition for Health 4:30pm: Brain Games</p>	<p>21 9:30am: True Crime 11am: Did You Know? 1pm: Ethical Wills 3pm: Exercise</p>	<p>22 9:30am: Gratitude 11am: 20th Century Humourist 1pm: Truth and Reconciliation Day 3pm: In the Headlines</p>	<p>23 9:30am: 50's & 60's Rock 11am: Exercise 1pm: Russian History 3pm: BINGO</p>
<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30 TRUTH AND RECONCILIATION DAY</p>
<p>NO PROGRAMS</p>				