



ThriveWell

Specially designed to support individuals after facing major diseases and health conditions including cancer, heart disease, stroke, diabetes, autoimmune disorders, neurological disorders, post major surgery, and more!

*****Requires Medical Clearance** Contact for more info!***

Every Tuesday & Thursday ~ 2:30-3:20 p.m.

Register by calling or online: medicinehat.ca/bmgc



Medicine Hat