

Updated July 2026

Behavioral Health Consultants: Commonly Used Links

Retrain Pain Foundation

www.retrainpain.org

Pain Canada

www.paincanada.ca

AHS Help in Tough Times

www.albertahealthservices.ca/amh/page16759.aspx

AHS Text for Hope

www.albertahealthservices.ca/topics/Page17019.aspx

AHS Addictions and Mental Health Adult Resources

www.albertahealthservices.ca/amh/Page16443.aspx