



### Who Should Attend Clinic?

- Clinic is typically attended by the individual, his/her caregiver's and guardian's; the core clinic team; and other applicable professionals.
- Individual and guardians may, at their discretion, limit attendance to include only the diagnostic team members.
- Other service providers can offer valuable insights about available community services and the individual. They may gain a more thorough understanding of the person's needs and appropriate strategies for working with the individual by attending the conference.

## FASD Assessment & Support Services (FASS) Adult Clinic



**For more information, please contact:**

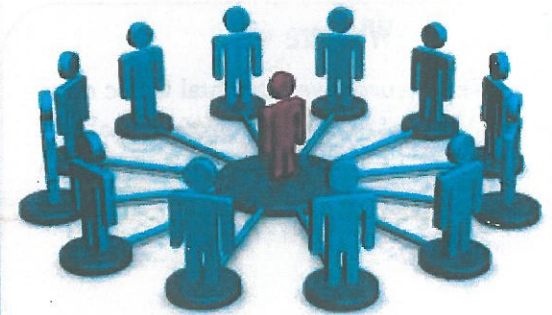
FASD Clinic Coordinator / Consultant or Program Manager  
 Bridges Family Programs  
 477—3 Street SE, Medicine Hat, AB T1A 0G8  
 Phone: 403.526.7473 Fax: 403.504.2459  
 Email: FASD.bridges@memlane.com  
 Website: www.bridgesfamilyprograms.com

The FASD Assessment and Support Services (FASS) is funded by:

Neurodevelopmental Clinic is made possible by funding received from the Alberta Government's Cross-Ministry Committee on FASD, and the South eastern Alberta FASD Service Network Society, as well as through the collaboration of Bridges Family Programs, Alberta Health Services, Paul Jerry Consulting Psychology Inc., and Dr. M. Elkind.



## FASD Assessment & Support Services (FASS) Adult Clinic



*Providing diagnostic services to adults in Southeast Alberta, aged 18 and older, through a multi-disciplinary team located in Medicine Hat.*

Phone: 403.526.7473

### What happens after clinic?

- A final report from clinic is typically available 4—6 weeks following the conference.
- The clinic coordinator will meet with the individual, guardian's and/or caregiver's to review the report and its recommendations.
- The coordinator will distribute the report to individuals as requested by the Individual. The individual will be discharged from FASD Assessment and Support Services (FASS).



## Why should I be assessed?

- To determine if prenatal alcohol exposure has impacted the individual's development and current functioning;
- To determine if a diagnosis within the Fetal Alcohol Spectrum is appropriate;
- To make recommendations for appropriate intervention and support for the individual.

## Who are we?

The Neurodevelopmental Clinic consists of a team of community professionals:

- Family Physician;
- Psychologist;
- Clinic Coordinator.

## What do I have to agree to?

The Clinic process consists of a number of steps and involves the participation of the core clinic team. To complete the assessment, the guardian must consent to the following:

- The individual to proceed with the assessment;
- The individual being seen by each of the multi-disciplinary team members;
- The team to access the individual's birth, medical, school, and other necessary records;
- The disclosure of information between team members.



I said "YES" to clinic...  
What do I need to do now?

### Initial Interview

The clinic coordinator will meet with the individual, guardian's and caregiver's to discuss the assessment process and time commitment involved.



### Intake & Physical Assessment

The clinic coordinator and team physician will meet with the individual, guardian(s) and caregiver(s) to collect the following information about the individual:

- Pictures of the individual's face for diagnostic measurement;
- Alberta Health Care number;
- placement history and school history;
- challenges or presenting issues being experienced;
- history of learning and/or behavioral issues;
- previous developmental or psychological assessments;
- physical and mental health information;
- biographical and medical history of the biological family;
- any information regarding substance use by the birth mother during pregnancy (i.e. alcohol, tobacco, or other drugs/medications).



### Information Gathering

The clinic coordinator will obtain the individual's birth, medical, school and other relevant records. The clinic coordinator may attempt to complete a birth mother interview to obtain a first-hand pregnancy history.



### Psychology Assessment

1. The clinic coordinator will refer the individual to the team's psychologist for assessment.
2. Individual and guardian and/or caregivers will receive a letter with assessment date and time, which will be confirmed by phone by the clinic coordinator.
3. The caregiver should attend this appointment with the individual.
4. The clinic coordinator will also arrange to meet with the individual on a separate occasion to complete a series of self rating scales.



### Auxiliary Therapy Assessments

Depending on the individual's needs, the clinic coordinator may refer the individual to a variety of professionals:

- Occupational Therapist;
- Addiction Counselor;
- Mental Health Therapist;
- Career and Employment Specialist;
- FASD support worker;
- Others as needed.



### Clinic Case Conference

The case conference is the diagnostic step in the clinic process. It takes place on specifically scheduled dates, typically a Monday, and must be attended as scheduled.

1. Team members will present their assessment findings;
2. The physician will make a diagnosis, if applicable;
3. The team will make support recommendations for the individual.